

Teen Challenge: New Hampshire Men's Campus

Teen Challenge provides a multi-faceted approach to the drug epidemic by facilitating long-term residential treatment and aftercare. The program is 15 months long split into five phases, the last phase being an “aftercare” phase to prepare the resident to successfully transition back into society. Throughout the program the residents will also participate in Family Ministry, LADC counseling, mentoring, academic curriculum specifically tailored to the individual, vocational training, community outreach, and health and wellness activities. These things are combined to instill a healthy balance in an individual's life and provide a platform for our graduates to leave mentally, spiritually, and physically equipped to thrive in society.

Residents are required to spend a minimum of 90 days in each phase. There are strict stipulations to graduate each phase including academic performance, behavior and conduct, as well as showing a continued desire to grow. As the resident progresses through each phase, more is expected of them along with more freedoms given to them. The last three months (Phase V) allow the resident to acquire a phone, look for employment, and begin to solidify safe living arrangements and support networks. They can work the last two months to save money for when they graduate. Teen Challenge also provides the option of living in our Transitional House for up to 12 months where they will pay rent and adhere to a lessened set of rules and structure.

Family Ministry, LADC counseling, and mentoring are all parts of Teen Challenge geared towards providing multiple avenues for residents to receive healing, guidance, and direction. The staff at Teen Challenge have all been through the program, which gives them unique capabilities in guiding others through the journey.

The academic curriculum is written by our Academic Coordinator and is catered specifically to each resident's needs. We understand not all people come from the same sociological, educational, and emotionally nurturing background and those things translate into different strengths and weaknesses, personality traits, and emotional strength and damage for each person.

Our program has several different opportunities for guys to learn vocational skills. Working in our Program Development office gives guys clerical skills like Microsoft Word, Excel, and Powerpoint. They also learn phone etiquette, public speaking, and organizational skills. We also provide landscaping experience, siding, and various other construction experience and the companies we work with provide jobs for graduating residents. Our Drug Awareness Teams and End Addiction youth outreach program allow guys to share their experiences with the communities and school systems.

In the 2017 calendar year, the New Hampshire home had 56 admissions. Of those admissions, 59% were retained for 30 days, 46% were retained for 60 days, and 41% were retained for 90 days. Data tracked from January 2015 until January 2018 recorded 154 total admitted residents with 34 individuals graduating, yielding a 26% graduation rate for a 15-month program. The thing to note here is that at a bare minimum, 41% of our residents are receiving 90 days of inpatient treatment and almost 60% of our residents are receiving 30 days of inpatient treatment. Of the 34 graduates between 2015-2018, 24 of them have not returned to addiction.